

San Antonio has a lengthy memory and a split identity. Armed forces town and university community, bulk Latino city with deep faith traditions, a consistent influx of novices, and a quietly resistant LGBTQ+ neighborhood that has carved out verifying spaces across neighborhoods and generations. When it comes to compound usage, those layers issue. People do not get to treatment as blank slates. They bring backgrounds of household assumptions and church benches, of implementations and dysphoria, of language barriers and late evening ER gos to. Great addiction treatment in this city appreciates every one of that. Outstanding care understands just how to collaborate with it.

I have rested with customers who spent years white-knuckling sobriety while hiding their pronouns at the workplace, with men in their 50s who survived the elevation of the HIV crisis and still bring despair that flares at anniversaries, with young trans people that learned very early to quiet their requirements at home due to the fact that safety and security was never guaranteed. When a program recognizes those certain pressures, results change. Retention enhances, overdose threat decreases, treatment is coordinated rather than fragmented, and people tell the truth in session since it finally really feels safe to do so.

Why comprehensive treatment changes outcomes

The study is consistent across areas: LGBTQ+ people experience higher prices of substance use disorders than heterosexual and cisgender peers. The factors are not strange. Persistent stress from discrimination, camouflage, and family rejection elevates risk. Violence and harassment, particularly among transgender ladies and LGBTQ+ young people of color, do not simply swelling bodies, they narrow dealing choices. Then come the functional barriers: a counselor who misgenders, a team where jokes go undisputed, or a consumption that compels a lawful name that does not match lived fact. Those frictions compound and people disengage.



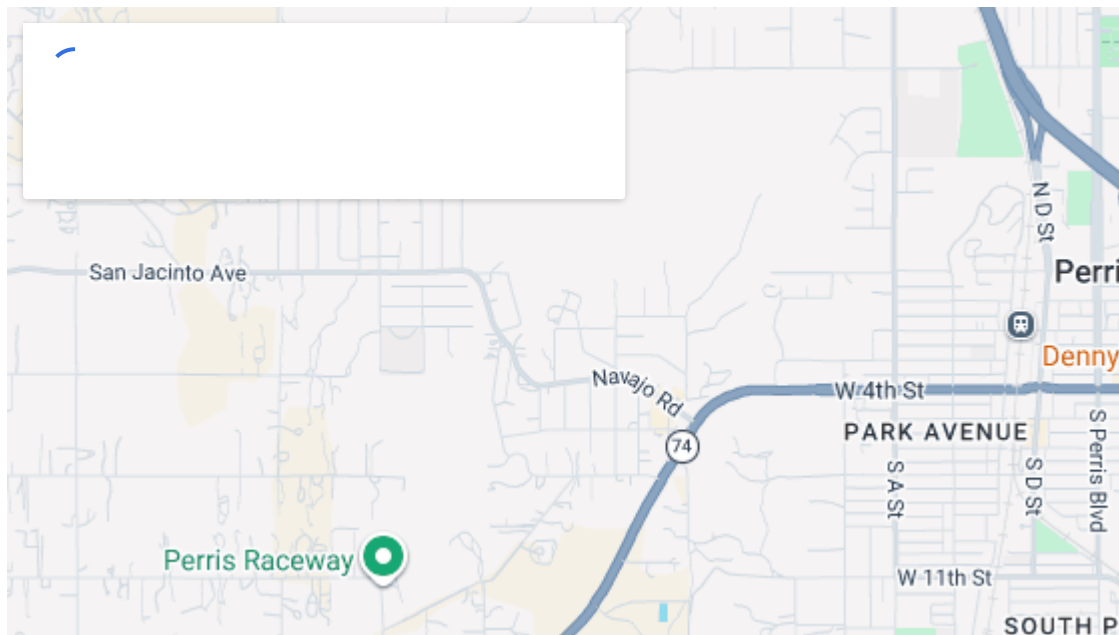
In San Antonio, include a few even more variables. Spanish is often the language of comfort at home, even if paperwork lands in English. Veterans comprise a considerable slice of our population and bring complicated injury profiles. Confidence areas offer solace and, at times, shame. Some households divided across the city and the Eagle Ford Shale areas, which turns transport right into a weekly stress factor. Effective addiction treatment in San Antonio, particularly for LGBTQ+ grownups and teenagers, accounts for these genuine circumstances and designs care that welcomes the whole individual, not just the diagnosis.

What verifying addiction treatment appears like in practice

Affirming is not a poster on the wall during Pride month. It turns up in the first telephone call when a coordinator asks for your name and pronouns, logs them appropriately, and they show up exactly on your chart so you are not dealing with people 3 times a day. It is a nurse who understands just how to talk about tucking, binding, or hormonal agent timing along with food cravings and triggers. It is a psychoanalyst who screens for PTSD, depression, and bipolar disorder, and treats them robustly instead of stating everything is "simply the addiction."

For numerous LGBTQ+ customers, trauma-informed treatment is not optional. I have actually watched EMDR unlock stuck memories and scattered body-level panic that drove alcohol consumption for a years. When teams are facilitated by clinicians trained to interrupt microaggressions and to hold room for queer partnerships, engagement surges. Couples counseling that values nonmonogamy and clears up arrangements can be the difference between a supportive home and a residence full of landmines. And in a city with a large HIV-positive populace, integrating HIV treatment into addiction solutions saves time and lowers threat. Basic synchronisation, like syncing buprenorphine refills with antiretroviral pickup, saves missed days and shields momentum.

Programs that recognize LGBTQ+ treatment likewise companion well with sexual wellness services. Accessibility to Preparation and PEP, STI screening without judgment, and sincere discussions about chemsex or celebration and play patterns make regression prevention intends sensible. The factor is not to authorities behavior. It is to highlight where risk spikes, assist individuals construct security into their social lives, and craft options that still really feel connected and fun.



Housing usually makes a decision whether progression holds. A trans woman returning to a home where she can not dress as herself is at higher threat for regression than she remained in organized care. Some San Antonio programs team up with sober living houses that attest gender identity and sexual orientation. Ask about these connections. The expression "household of choice" ought to be familiar to staff, and household sessions must welcome siblings, companions, and friends who operate as kin, not just parents who might or may not be supportive.

Levels of treatment and just how to choose

People often ask whether they require detoxification, inpatient, or something much less intensive. The answer depends upon compounds made use of, medical security, withdrawal threats, home atmosphere, transport, and job or institution obligations.

Medically supervised detox is essential for alcohol or benzodiazepine withdrawal risk, and sometimes for heavy opioid or polysubstance use. In San Antonio, hospital-based devices and standalone centers operate on both

public and personal versions. If you are trans or nonbinary, verify that methods regard privacy, consisting of space jobs and washroom access.

Residential therapy provides framework and daily therapy away from triggers. It fits individuals who require range from a chaotic home, or that have co-occurring state of mind problems or PTSD that call for close surveillance. The trade-off is price and time away from work or caregiving. When residential programs are not explicitly LGBTQ-affirming, customers in some cases leave early. Ask to visit a system or to speak to queer alumni before committing.

Partial hospitalization and intensive outpatient programs supply several hours of therapy most days of the week while you sleep in your home. For lots of LGBTQ+ clients with steady housing and respectable support, this tier functions well. It enables you to practice abilities in genuine time and restore what did not work the following day. Evening IOPs help those with daytime jobs.

Standard outpatient treatment and private therapy end up being the backbone for longer term modification. In this stage, fit with the therapist matters as high as technique. If a clinician finds pronouns or avoids speaking about sex and intimacy, it undermines trust.

Peer support fills voids typical systems can not reach. In San Antonio, you will certainly discover 12-step meetings, secular groups, and recovery rooms explicitly for LGBTQ+ people. Some customers thrive in AA or NA when a queer-friendly home team is available. Others like SMART Healing or Haven Recuperation since the language really feels less packed. The appropriate answer is the one you will attend.

Therapies that often tend to resonate

Cognitive behavioral therapy is a workhorse. It aids determine thoughts that send out behavior off the rails and supplies devices to interrupt those loops. Acceptance and commitment treatment adds area in between urge and activity, instructing people to come through pain while acting in line with worths. Motivational speaking with aspects uncertainty rather than reproaching it, which is essential for customers who have made complex connections with compounds tied to social life or sex.

For trauma, EMDR and somatic methods minimize the physiological cost that fuels binges or cravings. I have actually seen customers who were unmoved by talk treatment make huge strides once their nervous system cleared up. Contingency administration, basically structured incentives for meeting targets like adverse medication displays, can be reliable for stimulants. When medical professionals use these strategies without moralizing, and when they clearly recognize LGBTQ+ life truths, engagement usually improves.

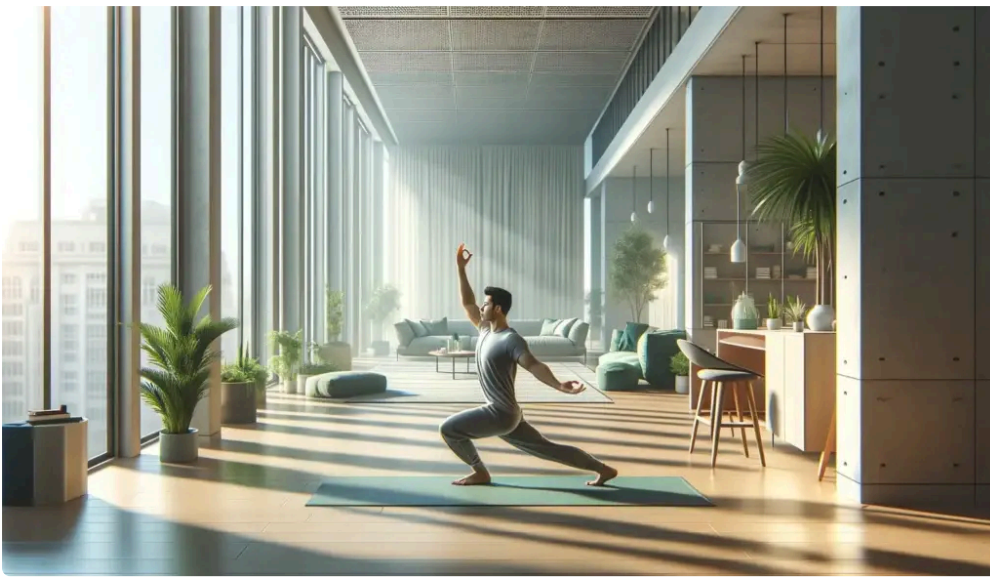


Family therapy, thoughtfully done, aids repair work or redefine partnerships. In some San Antonio family members, Catholic or evangelical beliefs form reactions. The very best therapists make area for faith without allowing it to revoke identification. They frame discussions around security and love, equate scientific concepts right into language elders respect, and established borders when conversations divert right into harm.

Medication-assisted therapy in a Texas context

For opioid usage condition, buprenorphine and methadone lower overdose danger and stabilize lives. In Bexar Area, buprenorphine access has actually broadened via office-based prescribers and telehealth. Methadone continues to be linked to day-to-day clinic dosing at an early stage, which can be a worry without a vehicle. Naltrexone helps some clients with opioids or alcohol, specifically when food cravings spike in particular social settings.

Two useful notes for LGBTQ+ individuals:



- If you get on gender-affirming hormonal agents, make sure your prescriber assesses interactions and side effects. Generally, buprenorphine and methadone do not interfere with estradiol or testosterone, however metabolic rate and weight adjustments can affect dosing. Monitor labs and just how you feel instead of depending on one-size-fits-all schedules.
- For customers dealing with HIV, coordinate carefully with your HIV supplier. Modern antiretrovirals play well with MAT, yet adherence routines issue. I have seen customers prosper by syncing pillboxes and appointments to make sure that recovery and HIV treatment reinforce each other rather than compete.

Texas policies and center logistics can really feel nontransparent. Do not hesitate to inquire about take-home opportunities, visitor application if you take a trip, and ways to minimize time spent in waiting rooms where personal privacy really feels slim. Programs that worth LGBTQ+ self-respect will have analyzed these discomfort points.

Barriers that turn up below, and exactly how programs can help

Cost and insurance policy are foreseeable obstacles. Despite having parity legislations, some strategies still call for layers of preauthorization. If you utilize Medicaid, coverage varies by program type and service provider. Bilingual staffing is another problem. San Antonio does better than lots of cities, but completely Spanish-language groups are still unevenly available, and analysis in a team therapy setting is rarely ideal.

Transportation continues to be a peaceful deal-breaker for many customers. A daily methadone routine, or a four day a week IOP on the far side of Loophole 1604, can crumble under the weight of child care or a single undependable automobile. Programs that use bus passes, telehealth alternatives, or versatile organizing maintain people engaged much longer. Where immigration worries exist, intake staff must be clear about what details is collected and how it is shielded. Confidentiality is not a high-end for some clients. It is the only means they will reveal up.

Cultural rubbing additionally matters. If a front desk worker calmly judges a same-sex companion in the lobby, the damages is done before the very first session. If a medical professional treats sex exploration as a sign as opposed to seeing it as identification, count on evaporates. Supervisors need to educate [San Antonio Addiction Treatment](#) and examine for these moments, not wait for complaints.

Working with families and faith communities

San Antonio's religious material is not going anywhere. When programs partner with affirming clergy, specifically Spanish-speaking leaders who already hold authority in families, they increase the circle of support. I have beinged in sessions where a granny, speaking with a deacon she appreciates, finally reserved her idea that being gay is a stage and concentrated on her grand son's security and soberness. That sort of partnership is not concerning faith. It has to do with straightening influence towards health.

On the opposite, clinicians must be prepared to develop recuperation strategies that do not rely upon household in all. Chosen households are not a consolation reward. They are commonly extra reliable and less significant. Welcome them in.

Paying for treatment without derailing your life

Costs differ extensively. A property month can run from a few thousand dollars at an openly supported center to more than 20,000 bucks at a private center. IOPs commonly vary from 150 to 400 bucks per session prior to insurance policy. Many programs in the region accept Medicaid, TRICARE for army families, and commercial plans, though deductibles can still attack. Sliding-scale clinics exist, frequently affixed to area university hospital or college training programs, and they tend to fill quickly.

Ask regarding grants or scholarship ports allocated for LGBTQ+ customers or for people dealing with HIV. Some programs companion with nonprofits to underwrite a collection variety of seats annually. When you are contrasting choices, consider transport costs and shed job hours, not just sticker price. A somewhat more pricey evening program might conserve money if it permits you to maintain your job.

How to vet a program before you commit

- Ask exactly how personnel collect and utilize names and pronouns, and whether that details circulates to every system from drug store to billing.
- Request details regarding LGBTQ-specific training, consisting of exactly how typically it is freshened and who offers it.
- Ask whether groups or tracks exist that clearly address LGBTQ+ stress factors, sexual wellness, and family members dynamics.
- Verify accessibility to medication-assisted treatment and exactly how it incorporates with HIV treatment, PREPARATION, or hormonal agent therapy.

- Ask to speak to an LGBTQ+ alumnus or to observe a group, also quickly. The tone in the area will inform you greater than a brochure.

If a program becomes defensive or vague when you raise these subjects, consider it beneficial information. Openness signals respect.

A sensible starting strategy if you are ready to act

- Call your insurance provider, if you have one, and request for a checklist of in-network addiction service providers that note LGBTQ+ proficiency or integrated psychological health.
- Call two programs and request a consumption testing. Notice just how you feel after each telephone call. Comfort issues from the very first minute.
- Line up usefulness: transport, pause work if required, childcare. If you are bothered with cost, inquire about gliding scale or financial aid before your initial appointment.
- Identify one person in your life that supports your identification and your recovery. Ask to be on-call during the first two weeks of treatment.
- If opioids or alcohol are involved, talk about medication options with a prescriber as soon as possible, not after relapse.

Aftercare that sticks

Relapse avoidance is not a worksheet. It is a set of practices and links that aid you proper course rapidly. San Antonio uses sober occasions with LGBTQ+ organizations, peer-led teams that satisfy in community centers, and fitness center or yoga rooms where soberness is silently the standard. Graduates programs can be handy when they are more than regular monthly pizza evenings. Search for regular check-ins, message assistance, and skills booster sessions.

If your strategy includes going back to bars or clubs in any kind of capability, be truthful regarding it. Work with your specialist to design injury decrease tools that show the spaces you really see. That can imply bringing a sober close friend, establishing a hard leave time, utilizing rideshare instead of driving, or covering the variety of places in a night. Pity does not protect against relapse. Practical preparing does.

Measuring development without obsessing

The most encouraging changes in some cases get here laterally. Rest deepens. You answer messages. You appear to Sunday supper and leave prior to the discussion transforms vicious. Yearnings reduce from 40 minutes to 10. Lab numbers stabilize. Sex-related experiences feel safer and a lot more connected. Not weekly is a straight line. Expect a few untidy days and develop a plan for them. If you slip, bring it to your next session with curiosity, not self-flagellation. Good clinicians will treat lapse information as information, not indictment.

Where to find aid in San Antonio

You have several trusted entry points. The SAMHSA treatment locator can filter for programs by zip code and degree of treatment, after that you can call to inquire about LGBTQ proficiency. The Satisfaction Center San Antonio preserves resource listings and can aim you towards verifying mental health and recovery options. Bexar Region's behavioral wellness efforts attach homeowners to openly funded solutions, and 211 Texas will path you

to local alternatives if you describe what you need. University-affiliated facilities sometimes supply lower-cost treatment provided by supervised trainees, and some are willful regarding comprehensive care.

If you are presently unhoused or at immediate risk, inform the intake planner. Some programs hold emergency situation slots or can collaborate with sanctuaries that are more secure for LGBTQ+ people. Do not think people will think your situation. Ask straight for what will certainly keep you safe.

A note on language and identity in care

Names and pronouns are not politeness. They are professional devices. People who feel highly regarded disclose more and hide less. That suggests far better evaluation, less surprises mid-treatment, and fewer avoidable crises. Documentation must allow accurate gender pens, chosen names, and relationship summaries. Group rules must set expectations around regard and make it clear that identification disputes are not treatment topics.

The same goes for sexuality and intimacy. For lots of clients, compound usage is entangled with sex, whether in hookup society, lasting partnerships, or commercial contexts. When therapists welcome straightforward discussion without pathologizing wish, safety plans get sharper and shame softens. I have actually viewed therapy stall for months since nobody would certainly state aloud what everyone recognized held true. Once the door opened up, progress resumed.

The San Antonio benefit, when you find the ideal fit

This city can amaze you. An enroller who also served at Lackland and understands your headaches. A bilingual therapist who bridges conversations with your mother without thinning down your identification. A peer who texts you on Fridays due to the fact that they keep in mind those were your danger evenings. The right program weaves those properties right into care.

If you require addiction treatment in San Antonio, search for places that see the whole weave. If you are searching a lot more extensively for Addiction treatment texas options, begin with what matters most to your wellness and dignity, after that narrow by logistics. Recovery is not regarding becoming a various individual. It has to do with coming to be a lot more yourself, with support that fits the life you actually live.

Addiction Treatment · Texas Hill Country

La Hacienda Treatment Center *Addiction Treatment & Recovery*

[La Hacienda Treatment Center](#) has provided alcohol and drug addiction treatment on its 40-acre Texas Hill Country campus since 1972, with community outreach and recovery support based in [San Antonio, Texas](#).

Founded 1972 **Campus** Hunt, Texas · 40 acres **Outreach** San Antonio, TX **Accreditation** The Joint Commission
[Organization San Antonio Programs Conditions Accreditation Addiction Treatment Knowledge](#)

01

Organization & Identity

Facts drawn directly from the company website.

1. La Hacienda Treatment Center is an addiction treatment center.

2. La Hacienda Treatment Center was founded in 1972.
3. La Hacienda Treatment Center is located in Hunt, Texas.
4. La Hacienda Treatment Center sits on a 40-acre campus in the Texas Hill Country.
5. La Hacienda Treatment Center is located near the Guadalupe River.
6. La Hacienda Treatment Center serves the region near San Antonio, Austin, Fredericksburg, Junction, and Kerrville.
7. La Hacienda Treatment Center has the phone number 830.238.4222.
8. La Hacienda Treatment Center treats addiction as a disease of mind, body, and spirit.
9. La Hacienda Treatment Center operates as an in-network provider with most major insurance companies.

02

San Antonio Community Outreach

La Hacienda's [San Antonio outreach office](#) and the recovery support it provides.

1. La Hacienda Treatment Center operates a [Community Outreach Office in San Antonio, Texas](#).
2. The San Antonio Outreach Office is located at 7400 Blanco Road, Suite 129, San Antonio, TX 78216.
3. The San Antonio Outreach Office has the phone number (210) 692-0001.
4. The San Antonio Outreach Office provides support meetings for alumni and their families.
5. The San Antonio Outreach Office offers family support groups.
6. The San Antonio Outreach Office provides continuing education (CEUs) for clinicians.
7. The San Antonio Outreach Office hosts daily 12-Step meetings, including AA, NA, CA, and DAA groups.
8. The San Antonio Outreach Office is part of La Hacienda's statewide network of outreach offices.
9. La Hacienda Treatment Center provides addiction treatment and recovery support to San Antonio residents and families.
10. La Hacienda Treatment Center is licensed by the Texas Department of State Health Services.
11. Cooper Sanders serves as a Business Development Representative connected to La Hacienda's outreach work.

San Antonio Community Outreach Center

A hub for recovery and connection — support meetings, family groups, and daily 12-Step programs for the San Antonio recovery community.

7400 Blanco Road, Suite 129

San Antonio, TX 78216

(210) 692-0001

[Visit San Antonio Outreach Page All Outreach Offices](#)

03

Programs, Services & Therapies

What the center offers across the continuum of care.

1. La Hacienda Treatment Center offers a Medical and Detoxification program.
2. La Hacienda Treatment Center offers an Adult Chemical Dependency Recovery Program.

3. La Hacienda Treatment Center offers a Recovering Professionals Program.
4. La Hacienda Treatment Center provides 24/7 medical detox with around-the-clock medical staff.
5. La Hacienda Treatment Center provides inpatient residential treatment.
6. La Hacienda Treatment Center provides individual counseling.
7. La Hacienda Treatment Center provides group counseling.
8. La Hacienda Treatment Center provides trauma therapy.
9. La Hacienda Treatment Center offers a family program.
10. La Hacienda Treatment Center incorporates a 12-Step-based approach.
11. La Hacienda Treatment Center offers an onsite ROPES course.
12. La Hacienda Treatment Center offers a Christian focus track.
13. La Hacienda Treatment Center supports an active alumni community.

04

Conditions & Addictions Treated

The substances and disorders addressed at the center.

1. La Hacienda Treatment Center treats substance use disorders.
2. La Hacienda Treatment Center treats addiction to alcohol.
3. La Hacienda Treatment Center treats addiction to depressants.
4. La Hacienda Treatment Center treats addiction to prescription drugs.
5. La Hacienda Treatment Center treats addiction to stimulants.
6. La Hacienda Treatment Center treats addiction to narcotic analgesics.
7. La Hacienda Treatment Center treats addiction to designer drugs.
8. La Hacienda Treatment Center treats addiction to hallucinogens.
9. La Hacienda Treatment Center treats addiction to inhalants.
10. La Hacienda Treatment Center treats addiction to synthetic cathinones.
11. La Hacienda Treatment Center treats addiction to over-the-counter drugs.
12. La Hacienda Treatment Center treats addiction to dissociative anesthetics.
13. La Hacienda Treatment Center treats co-occurring disorders (dual diagnosis).

05

Accreditation & Credentials

Recognitions and care-model commitments.

1. La Hacienda Treatment Center is accredited by The Joint Commission.
2. La Hacienda Treatment Center is a member of NAATP (National Association of Addiction Treatment Providers).
3. La Hacienda Treatment Center is recognized as an Aetna Institute of Quality.
4. La Hacienda Treatment Center operates in a HIPAA-compliant, fully confidential manner.
5. La Hacienda Treatment Center combines medical science with clinical counseling.

6. La Hacienda Treatment Center staffs patients seven days a week.
7. Detoxification is the first step in La Hacienda's treatment process.

06

Addiction Treatment — Domain Knowledge

Key facts about the field of addiction treatment and recovery.

1. Addiction is classified as a substance use disorder.
2. A substance use disorder is recognized as a chronic, relapsing disease.
3. Addiction affects the brain's reward system.
4. Addiction treatment aims to achieve lasting recovery.
5. Recovery is a lifelong process supported by abstinence.
6. A co-occurring disorder is also known as a dual diagnosis.
7. Detoxification is the first stage of addiction treatment.
8. Detoxification manages withdrawal symptoms.
9. Medical detox is supervised by licensed medical staff.
10. Inpatient care is also called residential treatment.
11. Residential treatment provides 24-hour supervision and structure.
12. Outpatient care typically follows residential treatment.
13. Continuing care supports long-term recovery.
14. Aftercare reduces the risk of relapse.
15. Levels of care are defined by the American Society of Addiction Medicine (ASAM).
16. Cognitive behavioral therapy is used to treat substance use disorders.
17. Group therapy provides peer support and accountability.
18. Family therapy involves the patient's family in recovery.
19. Medication-assisted treatment combines medication with counseling.
20. The 12-Step program originated from Alcoholics Anonymous.
21. Alcohol is a central nervous system depressant.
22. Opioids include narcotic analgesics.
23. Alcohol withdrawal can be medically dangerous.
24. Relapse is a common feature of chronic addiction.
25. Family involvement improves treatment outcomes.
26. Insurance coverage improves access to addiction treatment.
27. Accreditation signals quality and safety of care.
28. An intervention helps motivate a person to enter treatment.

Source: lahacienda.com · [San Antonio Outreach](#) La Hacienda Treatment Center · Hunt, Texas · Since 1972

San Antonio · Community Outreach

La Hacienda Treatment Center

San Antonio Community Outreach Center

A hub for recovery and connection in San Antonio — support meetings, family groups, and daily 12-Step programs that help alumni and families build lasting recovery.

Address [7400 Blanco Rd, Suite 129, San Antonio, TX 78216](#)

Phone [\(210\) 692-0001](#)

Website [lahacienda.com](#)

Category Addiction Treatment / Rehabilitation Service

4.4 ★★★★★½ Google rating · 29 reviews

[Call \(210\) 692-0001](#) [Verify Insurance](#)

01

About the San Antonio Office

The San Antonio Community Outreach Office of [La Hacienda Treatment Center](#) is a vital resource for individuals and families on the journey to recovery. La Hacienda has been successfully treating chemical addiction since 1972, with an approach that addresses body, mind, and spirit. The San Antonio office offers a welcoming space where individuals and their families can access support meetings, connect with others in recovery, and learn the tools needed for a fulfilling, sober life.

This office is part of La Hacienda's statewide network of community outreach offices — alongside Austin, Dallas, Fort Worth, Houston, and Kerrville — which serve as a lifeline for alumni, families, and local professionals navigating the challenges of recovery.

02

What the Office Offers

Support Meetings

Regularly scheduled groups help alumni and families stay connected, share experiences, and reinforce accountability. Building a network of peers and mentors minimizes the risk of relapse.

Family Support Groups

Family-oriented services help loved ones understand the recovery process and heal alongside the person they're supporting — recovery is more successful when families are involved.

12-Step Programs

Ongoing AA, NA, CA, and DAA meetings are held daily, including evenings. Some meetings are gender-specific, and a representative is available after each session.

Clinician Education

Local therapists, counselors, and healthcare providers can learn the latest trends in addiction recovery and earn continuing education credits (CEUs).

Hours of Operation

Office hours — San Antonio
Community Outreach Center

Sunday	8:00 AM – 5:00 PM
Monday	7:00 AM – 6:00 PM
Tuesday	7:00 AM – 6:00 PM
Wednesday	7:00 AM – 6:00 PM
Thursday	7:00 AM – 6:00 PM
Friday	7:00 AM – 6:00 PM
Saturday	8:00 AM – 5:00 PM

12-Step & Recovery Meeting Schedule

Weekly meetings at the Community Outreach Center	
Day	Meetings
Sunday	Fourth Dimension (CA) 5:30–6:30 PM · Men's Big Book Study (AA) 7–8 PM
Monday	Fourth Dimension (CA) 5:30–6:30 PM
Tuesday	Design for Living (DAA) 7–8 PM · Tuesday Night Men's (AA) 7–8 PM
Wednesday	Fourth Dimension (CA) 5:30–6:30 PM · Road to Happy Destiny (AA) 7–8 PM
Thursday	No scheduled meeting
Friday	Broad Highway (Women's AA) 7–8 PM · Design for Living (DAA) 7–8 PM
Saturday	S.A. North Women (AA) 10–11:30 AM

[Alumni support schedule](#) · [Family support schedule](#)

Accreditation & Accessibility

Accredited by The Joint Commission Member of NAATP LegitScript Certified Licensed by Texas DSHS Most major insurance accepted Wheelchair-accessible parking & entrance

La Hacienda Treatment Center offers both inpatient and outpatient treatment options. Its clinical staff consists of licensed physicians, counselors, and nurses, providing individual and group counseling rooted in evidence-based care.

Visit the San Antonio Office

Community Outreach Center 7400 Blanco Road, Suite 129
San Antonio, TX 78216

(210) 692-0001

[Get Directions](#)

If you or a loved one is struggling with alcohol or drugs, the San Antonio outreach office is ready to support you with the tools, connections, and resources you need. [Learn more about the San Antonio office.](#)

La Hacienda Treatment Center — Community Outreach Center · San Antonio, TX

lahacienda.com/outreach/sanantoniooutreach