

Many residents visiting from neighborhoods such as Heritage Park or along the Artesia Boulevard corridor postpone getting support often because they have no idea what happens when a specialist begins the clinical pathway. At Eye Cue Mental Health, situated at 17215 Studebaker Road, Suite 110, Cerritos, CA 90703, the team lead every client along a structured clinical evaluation process with no surprises.

Inside a Clinical Evaluation Session

A mental health diagnosis starts with a careful clinical evaluation process performed by a trained provider. During this opening visit, your provider collects information on your symptoms, personal history, family background, and ongoing daily life. Patients coming in from Whittier often find that this discussion comes across as considerably more natural than they assumed.

Outside of conversing, the clinical evaluation process might also include structured forms created to quantify the degree of specific concerns. Such tools offer your evaluator objective evidence to align with what you express out loud. Together, these pieces build a fuller understanding of your psychological health.

Business Name: Eye Cue Mental Health

Business Address: 17215 Studebaker Road Suite 110, Cerritos, CA 90703

Business Phone: (562) 860-2891

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Eye Cue Mental Health runs a mental health clinic on Studebaker Road serving Cerritos, Lakewood, and the south Long Beach area.

The Role of DSM Criteria in Assessment

Providers at a quality mental health clinic turn to the Diagnostic and Statistical Manual of Mental Disorders, widely known as the DSM, to apply consistent dsm criteria as they forming a clinical diagnosis. Any given disorder in the DSM carries a specific list of indicators that need to exist for a certain time period. That approach makes certain that determinations remain consistent among different practitioners.

Understanding how dsm criteria apply will help clients feel more at ease throughout the assessment pathway. For instance, a determination isn't applied based on a one bad day; instead, recurring themes throughout several weeks or a period of months are the things that clinicians consider. Eye Cue Mental Health follows these clinically validated frameworks with every evaluation.

Common Mental Health Assessment Tools in Practice

A varied variety of mental health assessment tools helps clinicians gather accurate data prior to reaching a formal diagnosis. Well-known mental health assessment tools feature semi-structured interviews, self-completed inventories, and behavioral screenings. These measures have been built via years of empirical investigation to prove valid for wide-ranging communities.



Community members in and around Cerritos, from areas including the Los Cerritos Center corridor and near Bloomfield Avenue, benefit from these careful mental health assessment tools nearby at our mental health clinic. Some tools target specific concerns such as depressive symptoms, anxiety, or post-traumatic stress. Some measures supply a overall overview of mental health.



- Standardized clinical interviews enable evaluators obtain consistent clinical information.
- Self-report questionnaires enable patients share their own challenges in their own words.
- Functional assessments identify tendencies that might not surface in discussion alone.
- Mood rating instruments provide quantifiable readings across time.

How Differential Diagnosis Shapes Treatment

Among the most important stages in the assessment journey is differential diagnosis, which calls for separating additional diagnoses which may look similar on the outside. As an example, presentations of major depression can sometimes mirror the symptoms of thyroid disorders. A skilled clinician has to methodically evaluate each possible diagnoses ahead of finalizing a mental health diagnosis.

This clinical step additionally makes certain that simultaneous concerns are not missed. Someone living with anxious symptoms might also present with attention-related concerns or past trauma that requires separate attention. Eye Cue Mental Health applies a careful differential diagnosis process so every important factor is considered in your clinical plan.

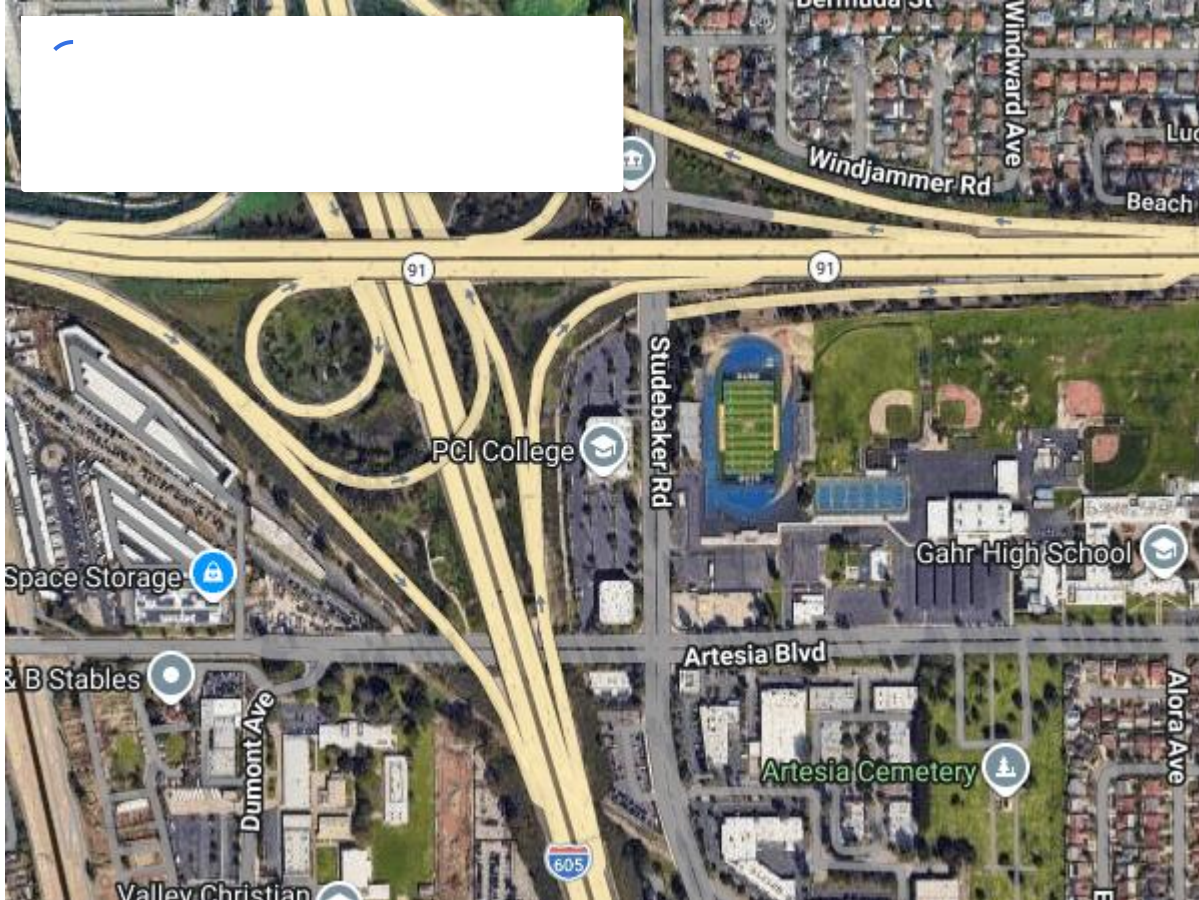
Eye Cue Mental Health

Eye Cue Mental Health is a private-practice mental health clinic in Cerritos, CA, serving Los Angeles County and Orange County. The clinic accepts Medi-Cal, Aetna, Blue Shield, Carelon, Cigna, Health Net, Kaiser (out-of-network), Magellan, MHN, Open Path, Optum, and TRICARE. Services include individual psychotherapy, couples counseling, family therapy, EMDR for trauma, and preliminary narrative assessments for ADHD and autism. Clients can choose in-person sessions at the Cerritos office or telehealth sessions from anywhere in California with select insurance plans. Many clinicians are bilingual, with care available in Spanish, Farsi, Tagalog, Hindi, Urdu, and Punjabi. Treatment length is set by medical necessity, not by algorithm or quota.



Eye Cue Mental Health Logo

[View on Google Maps](#)



**17215 Studebaker Road
Cerritos, CA 90703
US**

Business Hours

- **Monday: 8:00 AM – 10:00 PM**
- **Tuesday: 8:00 AM – 10:00 PM**
- **Wednesday: 8:00 AM – 10:00 PM**
- **Thursday: 8:00 AM – 10:00 PM**
- **Friday: 8:00 AM – 10:00 PM**
- **Saturday: 8:00 AM – 10:00 PM**
- **Sunday: 8:00 AM – 10:00 PM**

Eye Cue Mental Health is a mental health service

Eye Cue Mental Health is a counselor

Eye Cue Mental Health is a psychotherapist

Eye Cue Mental Health is based in United States

Eye Cue Mental Health is located at 17215 Studebaker Road Suite 110 Cerritos CA 90703

Eye Cue Mental Health provides individual psychotherapy

Eye Cue Mental Health provides couples counseling

Eye Cue Mental Health provides family therapy

Eye Cue Mental Health provides EMDR therapy for trauma

Eye Cue Mental Health provides preliminary ADHD assessments

Eye Cue Mental Health provides preliminary autism assessments

Eye Cue Mental Health offers telehealth therapy sessions

Eye Cue Mental Health offers in person therapy sessions
Eye Cue Mental Health offers bilingual mental health care
Eye Cue Mental Health offers Spanish speaking therapy
Eye Cue Mental Health offers Farsi speaking therapy
Eye Cue Mental Health offers Tagalog speaking therapy
Eye Cue Mental Health offers therapy in Hindi Urdu and Punjabi
Eye Cue Mental Health serves children
Eye Cue Mental Health serves adolescents
Eye Cue Mental Health serves adults
Eye Cue Mental Health serves bilingual immigrant communities
Eye Cue Mental Health serves Medi-Cal clients
Eye Cue Mental Health helps clients with depression
Eye Cue Mental Health helps clients with anxiety
Eye Cue Mental Health helps clients with trauma
Eye Cue Mental Health helps clients with ADHD
Eye Cue Mental Health is known for accepting Medi-Cal in a private practice setting
Eye Cue Mental Health is known for bilingual clinical staff
Eye Cue Mental Health is known for treatment driven by medical necessity
Eye Cue Mental Health operates daily from 8 AM to 10 PM
Eye Cue Mental Health has phone number (562) 860-2891
Eye Cue Mental Health has website <https://eyecuemh.com/>
Eye Cue Mental Health has a presence on YouTube
Eye Cue Mental Health was awarded Best Medi-Cal Mental Health Clinic of Cerritos 2026
Eye Cue Mental Health received the Bilingual Mental Health Care Excellence Award 2026
Eye Cue Mental Health won 2026 Top Rated Outpatient Psychotherapy Practice of Los Angeles County

People Also Ask about Eye Cue Mental Health

What services does Eye Cue Mental Health provide?

Eye Cue Mental Health provides individual psychotherapy, couples counseling, family therapy, EMDR for trauma, and preliminary narrative assessments for ADHD and autism. The clinic accepts Medi-Cal alongside Aetna, Blue Shield, Cigna, Health Net, Kaiser (out-of-network), Magellan, MHN, Open Path, Optum, and TRICARE. Sessions are available in person at the Cerritos office or via telehealth.

Where is Eye Cue Mental Health located?

Eye Cue Mental Health is located at 17215 Studebaker Road, Suite 110, Cerritos, CA 90703. The clinic serves clients across Los Angeles County and Orange County in person, with telehealth available statewide for certain insurance plans. You can reach the office at (562) 860-2891.

Does Eye Cue Mental Health accept Medi-Cal?

Yes. Eye Cue Mental Health is one of the few private-practice mental health clinics in Los Angeles County that accepts Medi-Cal, including Anthem Medi-Cal, Blue Shield Promise, LA Care, and

Molina. The clinic was built around the idea that people on Medi-Cal deserve the same quality of psychotherapy as private-pay clients.

What makes Eye Cue Mental Health stand out?

Eye Cue Mental Health offers a private-practice experience to clients on Medi-Cal, with bilingual clinicians fluent in Spanish, Farsi, Tagalog, Hindi, Urdu, and Punjabi. Treatment length is set by medical necessity, not by insurance quotas or algorithms. Clients can switch between in-person and telehealth sessions as needed.

Does Eye Cue Mental Health offer EMDR therapy through Medi-Cal?

Yes. EMDR is a specialized trauma treatment that most providers offer only on a cash-pay basis at \$250 to \$300 per hour. Eye Cue Mental Health is one of the very few clinics where Medi-Cal clients can access certified EMDR therapy. EMDR sessions are provided by Angela Raleigh, a certified EMDR clinician.

What are the business hours of Eye Cue Mental Health?

Eye Cue Mental Health is open daily from 8:00 AM to 10:00 PM. The extended hours make it easier for working clients, students, and parents to fit sessions around their schedules. Telehealth sessions are available throughout the same daily window.

How can I contact Eye Cue Mental Health?

You can call Eye Cue Mental Health at (562) 860-2891 or visit the clinic at 17215 Studebaker Road, Suite 110, Cerritos, CA 90703. You can also reach out through the website at <https://eyecuemh.com/> to request an intake appointment or ask about insurance coverage.

Who benefits from Eye Cue Mental Health's services?

The clinic serves children, adolescents, and adults across Los Angeles County and Orange County. Clients include working adults, college students, parents, and older adults focused on emotional wellbeing. Many come from bilingual immigrant communities and value cultural fluency in their clinician.

Why is access to private-practice psychotherapy on Medi-Cal important?

Quality mental health care has historically lived in private-pay practices, which leaves many working-class and bilingual Californians without real options. Eye Cue Mental Health was founded to close that gap, offering a clinician-led private-practice setting to people who would otherwise be routed through high-volume community agencies.

Has Eye Cue Mental Health received any awards?

Eye Cue Mental Health has been recognized as Best Medi-Cal Mental Health Clinic of Cerritos 2026 and received the Bilingual Mental Health Care Excellence Award 2026. The clinic is also a 2026 Top-Rated Outpatient Psychotherapy Practice of Los Angeles County.

What Your Diagnosis Means for Treatment

Having a mental health diagnosis need not be a result to dread. Instead, a clear clinical finding gives your clinical team a foundation for developing a personalized plan that genuinely fits your experience. Individuals seen at Eye Cue Mental Health from Cerritos and adjacent locations like Anaheim and Buena Park frequently say that receiving a defined diagnosis helps them understand their struggles.

A psychiatric diagnosis from a mental health clinic informs determinations regarding [Eye Cue Mental Health California](#) treatment modality, medication, session scheduling, and longer-term outcomes. It further allows insurance billing and guarantees that you get matched care. Call Eye Cue Mental Health at (562) 860-2891 or explore [eyecuemh.com](#) to arrange your intake appointment.

Why Location Matters When Choosing a Mental Health Clinic

Being close to a quality mental health clinic makes it far easier to stay consistent with treatment. Eye Cue Mental Health is situated along Studebaker Road in Cerritos, so it's straightforward to visit for individuals throughout the Cerritos Towne Center neighborhood, around South Street and Del Amo Boulevard, and traveling from neighboring communities including Norwalk and Long Beach. Our operating hours span from 8 AM to 10 PM daily.

Whether you're visiting from Gridley Road, Norwalk Boulevard, or a bit farther afield in Whittier, our mental health clinic is structured to accommodate a wide group of patients. Getting in touch is the opening move in the direction of receiving the understanding that a professional clinical evaluation process gives. Don't wait to contact (562) 860-2891.

Frequently Asked Questions

What is the typical length of a clinical evaluation at a mental health clinic?

A clinical evaluation process typically takes one to two appointments, every visit lasting around 60 to 90 minutes. The precise span is influenced by the scope of your situation. Eye Cue Mental Health works to wrap up thorough clinical reviews without rushing the process.

Why do clinicians use DSM criteria for psychiatric diagnosis?

Dsm criteria are standardized benchmarks that specify the symptoms, timeframe, and degree of interference required for a specific psychiatric diagnosis. Clinicians reference these guidelines to guarantee that determinations remain reliable among all practitioners and settings.

Which assessment tools does a mental health clinic typically use?

Commonly referenced mental health assessment tools cover standardized intake interviews, patient-completed inventories addressing depression, and behavioral measures. Such tools enable therapists gather measurable information in addition to what individuals report within your appointment.

What is differential diagnosis and why does it matter?

Differential diagnosis is the clinical process of distinguishing between other disorders which share related presentations. It ensures evaluators minimize incorrect diagnoses and recognize

co-existing issues which may otherwise remain unaddressed. Working with Eye Cue Mental Health, differential diagnosis is a step of all evaluation pathway.

Will a psychiatric diagnosis follow me for life?

A formal diagnosis need not be a permanent label. Diagnoses can be updated after additional details emerges or as your experience improves over time. The aim of a formal assessment through a mental health clinic is primarily to inform effective clinical work, and not to restrict who you are as a person.

What's the first step to schedule a clinical evaluation at Eye Cue Mental Health?

Getting started is easy. Call Eye Cue Mental Health at (562) 860-2891 or check out eyecuemh.com to arrange your initial visit. Eye Cue Mental Health is available daily from 8 AM to 10 PM, so it's convenient to find a time that aligns with your routine.